

# Leadership Essentials Pathway

10 minute videos with workbooks & 1 Minute support videos



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[Being a new leader](#)   [Influencing skills](#)   [Coaching for change Pt1](#)   [Coaching for change Pt2](#)   [Giving instructions](#)   [Being assertive](#)   [Handling conflict](#)   [Difficult conversations](#)   [Time management](#)   [Giving and receiving feedback](#)   [Emotional intelligence](#)   [Dealing with change](#)

<a href="#">Being assertive</a>	<a href="#">Giving feedback (DESCCO method)</a>	<a href="#">How to say no nicely</a>	<a href="#">Coaching the individual</a>	<a href="#">Dealing with change</a>
<a href="#">Dealing with a silent colleague or customer</a>	<a href="#">Business cases and ROI</a>	<a href="#">The GROW model for coaching</a>	<a href="#">Delegation</a>	<a href="#">Managing your boss</a>
<a href="#">Courageous conversations</a>	<a href="#">Employee engagement</a>	<a href="#">Managing your response</a>	<a href="#">Dealing with aggressive staff members</a>	<a href="#">Problem solving</a>
<a href="#">Managing interruptions</a>	<a href="#">Decision making</a>	<a href="#">4 Team stages</a>	<a href="#">Forming teams</a>	<a href="#">Storming teams</a>
<a href="#">Norming teams</a>	<a href="#">Performing teams</a>	<a href="#">Delegation</a>	<a href="#">Dealing with criticism</a>	<a href="#">Employee engagement</a>
<a href="#">Vision, mission and values</a>	<a href="#">Motivation by appreciation</a>	<a href="#">Managing conflict</a>	<a href="#">Daily team huddle</a>	<a href="#">Walking meetings</a>

1 minute video refreshers & quick reinforcers

Months / Timeline for programme application

